



EDITION TWO • 2026

#3 NEWSLETTER

STORIES THAT KEEP
DRIVING CHANGE

PKBI PERKUMPULAN
KELUARGA
BERENCANA
INDONESIA
DAERAH BALI

EVERY STEP COUNTS.

From traditional villages and schools to healthcare providers, volunteers, and communities—these stories show that meaningful change happens when people come together with a shared purpose.



"When someone asks me about menstruation or a health issue, I don't pretend to have all the answers. I encourage them to consult a doctor or a midwife. The most important thing is that they have the courage to speak up first."

Made Swastawa (77)
PKBI Volunteer

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Om Swastyastu

Collaboration leaves a mark. Sometimes it's quiet, sometimes it changes how a whole community protects its own. In this second edition of our 2026 newsletter, we highlight the perspectives of the partners who walk this journey with us. Their voices remind us of something we hold close — this work was never meant to be done alone.

In Bali, adat is more than tradition. It is the living heartbeat of how communities govern, protect, and care for one another. Our collaboration with MDA (Majelis Desa Adat) Provinsi Bali has strengthened the role of customary institutions as frontline guardians against sexual violence and child marriage. It is proof that cultural wisdom and modern safeguarding are not separate paths.

That same spirit of safeguarding extends into our classrooms through Sekolah Aman PKBI Bali, an initiative built on a simple but urgent belief: that every child deserves a school free from violence, and a mind supported by better mental health. And because protection is only as strong as the systems standing behind it, our continued partnerships are helping develop the SIAP system in Buleleng Regency: a step toward more integrated, responsive protection for students.

Inclusivity remains at the core of everything we do. For young people with disabilities, access to education is not a privilege but a right, made possible only through the generosity of our partners who believe, as we do, that no young person should be left outside the classroom door. In this edition, we also share the story of a midwife in Tabanan, and how her work brings this mission close to the everyday life of her community.

And as we look ahead, we also chose to look back. A conversation with one of PKBI Bali's own long-standing figures brought us face to face with where this movement began — rooted in the interests of the community and the values of humanity that first gave it life, decades ago. A quiet reminder that history is not behind us, but something we continue to carry forward.

Selamat membaca.

Every story in this edition is a reminder that no one protects a child alone, no one heals a community alone, and no one carries this mission forward alone. We are grateful to walk this path with partners who believe that every act of care, however small, adds up to something lasting.

Om Shanti, Shanti, Shanti Om



Rooted in Local Values, Shaping the Future



Signing of the Memorandum of Understanding (MoU) between the Bali Traditional Village Council and PKBI Bali Chapter

Can Tradition Become a Space That Protects Women and Children?

What comes to mind when you hear the word tradition? For many people, it may evoke ceremonies, cultural practices, or customs passed down from generation to generation. In Bali, however, tradition is also a space where communities learn the values of togetherness, mutual respect, and collective care. These values have long served as the foundation of community life.

This raises an increasingly important question: Can the strength of traditional institutions also play a role in protecting women and children from sexual violence and child marriage?

This question is not without reason. Across many communities, women and children continue to experience violence but choose to remain silent because they fear being blamed, not believed, or seen as bringing shame to their families or communities. At the same time, child marriage still occurs and is often viewed as a solution to problems that could, in fact, be prevented.

These realities remind us that protection cannot rely solely on laws or services after violence has already occurred. What is equally essential is creating environments that prevent violence from happening in the first place—communities that are willing to stand up and affirm that every woman and every child has the right to grow up free from fear.



This is where PKBI Bali Chapter sees that meaningful change cannot happen alone. For many years, PKBI Bali Chapter has worked alongside schools, families, government institutions, and communities to strengthen understanding of sexual and reproductive health, gender equality, and the prevention of sexual violence and child marriage. Yet social change becomes even more powerful when these messages are embraced within the spaces closest to people's everyday lives—traditional communities.

Through the Tantri Program, PKBI Bali Chapter has partnered with the Bali Traditional Village Council (Majelis Desa Adat/MDA) to strengthen the role of traditional institutions in protecting women and children. The program draws inspiration from Ni Dyah Tantri, a legendary woman celebrated for using wisdom and storytelling to address complex challenges. Inspired by her legacy, the program promotes dialogue, education, and community empowerment, enabling communities to recognize risks, prevent violence, and create safer environments for everyone.

This commitment was formalized on 3 June 2026, when PKBI Bali Chapter and the Bali Traditional Village Council signed a Memorandum of Understanding (MoU). On the same occasion, the Provincial Pasikian Paiketan Krama Istri (P PAKIS) also signed a Cooperation Agreement with PKBI Bali Chapter, strengthening women's participation in creating safer communities at the local level.

Yet, the most significant milestone is not the signing of the agreements themselves. What truly matters is what follows. Change begins when traditional leaders openly speak about protecting women and children, when women are given the space to raise their voices, when families understand that child marriage is not a solution, and when communities choose to stand with survivors rather than remain silent.

This is the kind of change that PKBI Bali Chapter and its partners seek to build—not change that lasts only for the duration of a project, but change that becomes part of everyday conversations, shapes the decisions families make, and is passed on as shared values to future generations.



When Reporting Is No Longer Something to Fear



Sukma Megaputri
Coordinator, Anti-Bullying Information System (SIAP),
Buleleng Regency

How Collaboration in the Safe Schools Program Is Strengthening Referral Systems

"What if a child wants to report abuse but doesn't know who to turn to for help?"

That simple question has guided the work of Sukma Megaputri, Coordinator of the Anti-Bullying Information System (SIAP) in Buleleng Regency. Behind every case that goes unreported is a child who may have chosen to remain silent—not because bullying did not happen, but because they were unsure whether anyone would listen or take action.

Driven by these concerns, SIAP was developed as a platform to help schools document bullying cases, empower student change agents, and monitor how cases are resolved within the school environment. For many schools in Buleleng Regency, the system marked an important first step toward fostering a more responsive approach to bullying.

Over time, however, Sukma realized that documenting cases alone was not enough. ***"Many issues cannot be resolved at the school level alone."***

Some cases require psychological support, while others call for the involvement of government agencies or even law enforcement. At the same time, not every student feels safe enough to report bullying, and some schools remain hesitant to document cases out of concern that doing so may damage their reputation.

This realization became the foundation for collaboration with the Safe Schools Program developed by PKBI Bali Chapter. Through a series of workshops and discussions with schools, a shared understanding emerged: schools should not have to face these challenges alone.





The Safe Schools Program training not only strengthened the capacity of schools but also raised an important question: **What happens after a case is reported?** This question brought together the SIAP team and a wide range of stakeholders to design a more comprehensive system. Through a series of cross-sector forums, a shared vision emerged to transform SIAP from a reporting and case documentation platform into a bridge connecting schools with support centers and referral services.

As a result, every reported case can follow a clearer referral pathway, ensuring that each response is tailored to the level of risk and the specific needs of the survivor.

"For us, this is not about changing an application—it is about changing the way we work together," said Sukma.

Today, SIAP is used by 536 primary and junior secondary schools across Buleleng Regency. Yet this milestone is far from the end of the journey. The next challenge is to build trust—so that every school feels confident in reporting cases, every student feels safe enough to speak up, and every report receives the support and response it deserves.

For Sukma, the success of a system is not measured by the number of reports it receives, but by the assurance that no child has to face bullying alone. A safe school is not created by an application alone. It is built through collaboration, the courage to listen, and the shared commitment of many stakeholders to ensure that every child receives the protection they need.

Most importantly, a system must be in place before cases become widespread. The priority is not simply responding to incidents, but preventing them from happening in the first place.



32 Years of Kisara: Celebrating the Right to Learn, Without Exception



*When Information About Sexual and Reproductive Health
Must Be Accessible to Every Child*

What does information truly mean if not everyone can access it?

This simple question reminds us that the right to sexual and reproductive health information belongs to every child—not just a select few. Adolescents with disabilities have the same right to understand their bodies, recognize their personal boundaries, and learn how to protect themselves from sexual violence.

This belief was at the heart of Kisara PKBI Bali Chapter's 32nd anniversary celebration. With support from the Corporate Social Responsibility (CSR) program of PT Hatch Entertainment Bali, this year's celebration took on a deeper purpose: sharing knowledge with students at SLB Negeri 2 Buleleng, a public special education school.

A total of 50 adolescents participated in educational sessions designed to be simple, interactive, and accessible. Together with the facilitators, they learned about the human body and reproductive hygiene, explored the difference between safe and unsafe touch, and discussed practical ways to protect themselves from sexual violence. Through games, visual learning materials, and participatory activities, the sessions created an engaging learning environment while encouraging students to ask questions and express themselves with confidence.





For Kisara, this initiative was about more than delivering information. It was part of a broader commitment to ensuring that the right to information is truly accessible to every adolescent, including those who have long faced barriers to accessing sexual and reproductive health education.

Inclusive education requires approaches that are tailored to participants' needs, close

collaboration with schools, and more participatory learning methods to ensure that every child can understand information in a way that is comfortable, accessible, and meaningful.

For 32 years, Kisara has believed that knowledge is one of the strongest forms of protection. When a young person understands their body, recognizes their personal boundaries, and knows where to seek help, they are better equipped to make informed and safer decisions about their lives.

Ultimately, the greatest celebration is not about marking another year in an organization's journey. It is about ensuring that more children and young people have an equal opportunity to learn, grow, and live safely—without exception.



How Do We Protect Public Health When Not Everyone Can Be Reached?

The Story of Midwife Wiwik Hindrayani, Kediri Village, Tabanan

How can we ensure that every child grows up healthy when not every family can be reached by health services? How can we prevent stunting when regular support is not yet available for every household that needs it?

These are the questions that shape the daily work of Midwife Wiwik Hindrayani, who has dedicated her career to serving the community of Kediri Village, Tabanan Regency. For her, being a midwife is about more than providing healthcare—it is about ensuring that every member of the community has an equal opportunity to live a healthy life.

Yet this responsibility is not always easy. In the field, the needs of the community often exceed the available programs and resources. Many families still require ongoing support, but not all can be reached on a regular basis. As a result, efforts to prevent disease, monitor maternal and child health, and provide health education cannot always be delivered as effectively as they should be.

One of the most common challenges is addressing undernutrition and the risk of stunting among young children. According to Midwife Wiwik Hindrayani, these challenges are not only related to a child's health condition but also to families' access to information, ongoing support, and continuous healthcare services.

For this reason, healthcare at the village level cannot rely solely on waiting for people to visit health facilities. Healthcare workers must take a proactive approach by providing services through community health posts (posyandu), home visits, and other outreach efforts to ensure that no family is left behind.



Wiwik Hindrayani
Midwife, Kediri Village, Tabanan Regency



Despite these challenges, Midwife Wiwik believes that healthcare services become stronger through collaboration. Village governments, community health volunteers, local communities, and civil society organizations each play complementary roles in ensuring that essential services reach those who need them most.

In this collective effort, PKBI Bali Chapter has become one of the key partners supporting health initiatives at the village level. Through its support for Integrated Health Posts (Posyandu) for children under five and adolescents, sexual and reproductive health education, and capacity-building for community health volunteers, this partnership strengthens the work of frontline healthcare providers and helps extend essential services to more members of the community.

"My hope is that community health programs will continue to grow stronger and reach even more people. When all stakeholders coordinate and support one another, quality healthcare will no longer be experienced by only a few—it can truly be accessible to everyone," said Midwife Wiwik Hindrayani.



Midwife Wiwik Hindrayani's story reminds us that expanding access to healthcare is not only about providing services—it is also about showing care and compassion. Behind every posyandu session, every home visit, and every child who grows up healthier, there are dedicated healthcare workers who continue to serve with commitment so that no one is left behind.

Ultimately, strong public health is built on collaboration, trust, and the people who choose to be present in their communities every single day.



The Changemakers:

“I Just Want Young People to Be Safe”



"When someone asks me about menstruation or a health issue, I don't pretend to have all the answers. I encourage them to consult a doctor or a midwife. The most important thing is that they have the courage to speak up first."

• I Made Swastawa (77)

More Than Five Decades of Service: I Made Swastawa's Journey with PKBI Bali Chapter
What inspires someone to remain committed to an organization for more than fifty years?

For I Made Swastawa, a 77-year-old volunteer from Sumberkima Village, Gerokgak District, Buleleng Regency, the answer is simple. It is not about titles or recognition. It is about a belief that has guided him since he first joined PKBI as a volunteer in the early 1970s: everyone has the right to live a healthy life, build a happy and prosperous family, and every young person deserves the opportunity to grow into a responsible adult.

At that time, sexual and reproductive health was still widely considered a taboo subject. Conversations about the body, sexuality, and sexually transmitted infections were rarely held openly. Yet Pak Made witnessed firsthand how many young people struggled with these issues without having a safe place to ask questions or seek support.

Motivated by these concerns, he decided to join PKBI. He initially worked alongside fellow volunteers and healthcare professionals in family planning services. As community needs evolved, however, PKBI increasingly focused its attention on young people. It was there that Pak Made's lifelong journey as a mentor and supporter of adolescents truly began.



In schools across Buleleng, Pak Made was more than a guest speaker—he became someone young people trusted. Together with doctors, midwives, teachers, and fellow volunteers, he supported the establishment of various youth groups, including Biduk Kencana Remaja, the Youth Counseling Bureau (Biro Konsultasi Remaja), and Student Groups for AIDS and Drug Prevention (KSPAN).

The relationships they built extended far beyond the classroom. Students did not simply call him "Pak Made." They called him "Ayah" (Father). His fellow counselor, Bu Yuli, was affectionately known as "Bunda" (Mother). These names were never requested—they emerged naturally from the trust and sense of safety that they created together.

"When someone asks me about menstruation or a health issue, I don't pretend to have all the answers. I encourage them to consult a doctor or a midwife. The most important thing is that they have the courage to speak up first." he recalled.

For Pak Made, sexual and reproductive health education is about far more than sharing information. What matters most is ensuring that every young person has someone who is willing to listen without judgment. Many adolescents come carrying anxiety, shame, or health concerns that they have kept hidden for a long time.

More than five decades have passed, and while the ways people communicate have changed, the need for trust has remained the same. In the past, counseling took place through letters, face-to-face conversations, and later through text messages. Today, young people navigate a world shaped by social media and digital platforms. Yet, according to Pak Made, one thing has never changed: young people still need safe spaces, trusted adults, and accurate information to make informed decisions about their lives.

Today, although his eyesight is no longer as strong as it once was and he has become less active, his commitment to PKBI remains unwavering. He continues to follow the organization's work, which has been an important part of his life for more than fifty years.

"I am proud of PKBI. No matter what, I have never wanted to be apart from PKBI," he said.

I Made Swastawa's story reminds us that meaningful change does not always begin with grand gestures. Sometimes, it starts with the simple willingness to be present, to listen, and to walk alongside young people. Time may have changed many things—programs have evolved, generations have changed, and the challenges facing adolescents continue to grow. Yet the values that have guided Pak Made since he first joined PKBI remain the same: ensuring that everyone has the opportunity to live a healthy life, build a happy and prosperous family, and empowering every young person to make informed and responsible decisions about their own lives.



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By Appointment

Thank You for Taking Action with Us

We believe that change cannot be achieved alone. It grows from collaboration, care, and the active involvement of communities and partners like you. If you feel inspired by our stories and activities, there are many ways you can support:

- Share information and education on sexual and reproductive health in your community
- Join our activities as a volunteer or community partner
- Contribute donations to sustain our programs



PKBI Daerah Bali | KISARA Bali | Klinik Catur Warga
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See you in the next edition!

#PKBIBali #EqualHealthForAll
#RightToHealth #HealthAndEqualityForAll
#EveryoneDeservesHealth

